

## ABSTRACT

The present invention relates to a method to protect a mammal from a disease involving inflammation by treating that mammal with a TGF $\beta$ -regulating agent. The present invention also relates to a method for prescribing treatment for a respiratory disease involving an inflammatory response and a method for monitoring the success of a treatment for a respiratory disease involving an inflammatory response in a mammal. Also included in the present invention is a formulation comprising a TGF $\beta$ -regulating agent and a compound capable of enhancing the effectiveness of the TGF $\beta$ -regulating agent at protecting a mammal from a disease involving inflammation.